

Our 27th Year!

The Hit Doctor®
Since 1989

WE'RE MOVING AGAIN!

The Hit Doctor®
2016
WINTER CAMPS
Jan - Apr 2016

**We are temporarily located at
14 Federal St, Mount Laurel, NJ 08054
(Off NJ Tpk Exit 4 or Rt 295 Exit 36)**

This winter we are planning a move to a different building in the same area. Please check www.thehitdoctor.com prior to your camp date for the exact location of your winter camp.

1-800-HITDOCTOR www.thehitdoctor.com 856-354-0201



We have a program just right for you! All Ages 4-18 Baseball - Softball

The Hit
Doctor®
We
Guarantee
Improvement

THE HIT DOCTOR®



ACADEMY

Directors: Joe Barth Jr & Bob Barth

856-354-0201 www.thehitdoctor.com

www.tristatearsenal.com www.midatlanticcamp.com

WE'RE MOVING AGAIN!

The Hit Doctor® Academy

is currently located at:

14 Federal St., Mt. Laurel, NJ 08054

(Off NJ Tpk Exit 4 + Rt 295 Exit 36)

This winter we are planning a move to a different building in the same area.

Please check www.thehitdoctor.com prior to your camp date for the exact location of your winter camp.



2015 WINTER HOURS

Registration Office

M-T-Th-F: 11 AM - 7 P

Sat: 10 A - 7 P Sun: 2 - 7 P

Winter Operating Hours

M-T-Th-F: 3 - 9 PM

Sat: 10 A - 7 P Sun: 2 - 7 P

Closed Wednesdays

**There's a Hit Doctor® Program
Just Right For You!**

Players Ages 4 - 18 ~ Baseball & Softball

Experience the Difference!

The Hit Doctor®
Our 27th Year!
Since 1989

THE HIT DOCTOR®



The Hit Doctor®
We Guarantee
Improvement

Serving Players and Coaches since 1989



Hundreds of our graduates have gone on to **Professional Baseball**
Thousands of our graduates have gone on to **College Baseball**
Millions of dollars have gone to Hit Doctor® grads for **College Scholarships**

Q: What do all these players have in common?

Greg Brodzinski
Jake Drossner
Kenny Koplove
Max McDowell
Tyler Phillips
Anthony Ranaudo

2015 Major League Draftee - Philadelphia Phillies
2015 Major League Draftee - Milwaukee Brewers
2015 Major League Draftee - Philadelphia Phillies
2015 Major League Draftee - Milwaukee Brewers
2015 Major League Draftee - Texas Rangers
2015 MAJOR LEAGUE DEBUT - Boston Red Sox
2010 Major League Signee - Boston Red Sox
2009 Pitched LSU to Natl Champs College World Series 2007 Major League Draftee - TX Rangers
2015 MAJOR LEAGUE DEBUT - Cincinnati Reds

Anthony DeScaffani

2011 Major League Draftee - Florida Marlins
2015 + 2014 1st BACK TO BACK MAJOR LEAGUE MVP IN HISTORY!
2015, 2014, 2013, 2012 Major Lg ALL STAR TEAM + 2012 ROOKIE OF YEAR! 2011 Major League Debut Age 19 - California Angels 2009 Major League 1st Round Draft Pick & Signee - Anaheim Angels

Mike Trout

Cory Spangenberg

2014 MAJOR LEAGUE DEBUT - San Diego Padres

Luke Bonfield
Derek Fisher
Joe Gatto
Thomas Gambler
Kennan Kish
Chris Knott
Josh Ockimey
Eric Peterson
Pat Peterson
Isaias Quiroz
Devin Smeltzer
Zach Warren
Tommy Burns
Scott Carcaise
Nick Cieri
Ryan Etsell
Rob Kaminsky
Ryan Kinsella
Brett Oberholzer

2011 Major League Draftee - 1st ROUND - San Diego Padres
2014 Major League Draftee - New York Mets
2014 Major League Draftee - Houston Astros
2014 Major League Signee - California Angels
2014 Major League Draftee - Philadelphia Phillies
2014 Major League Draftee + Signee - Cincinnati Reds
2014 Major League Draftee + Signee - Tampa Bay Devil Rays
2014 Major League Draftee 5th Round - Boston Red Sox
2014 Major League Draftee + Signee - Houston Astros
2014 Major League Draftee + Signee - Seattle Mariners
2014 Major League Draftee + Signee - Texas Rangers
2014 Major League Draftee - San Diego Padres
2014 Major League Draftee - Pittsburgh Pirates
2013 Major League Draftee - Seattle Mariners
2013 Major League Draftee - Florida Marlins
2013 Major League Draftee - San Francisco Giants
2013 Major League Draftee - Anaheim Angels
2013 Major League 1st Round Draft Pick + Signee - St. Louis Cardinals
2013 Major League Draftee - Arizona Diamondbacks
2013 MAJOR LEAGUE DEBUT - Houston Astros - Pitched a Shutout!

Zack Shank
Mike Sharwyn
Matt Thaiss
Matt Vogel
Jimmy Yezzo
Stephen Bruno
Tommy Burns
Scott DeCecco
Sean Doolittle
Jamie Jarmon
Matt Szczur

2009 Major League Signee - Atlanta Braves
2013 Major League Draftee - Seattle Mariners
2013 Major League Draftee - Kansas City Royals
2013 Major League Draftee - Boston Red Sox
2013 Major League Draftee - Arizona Diamondbacks
2013 Major League Draftee - Washington Nationals
2012 Major League Draftee 7th Round - Chicago Cubs
2012 Major League Draftee - Milwaukee Brewers
2012 Major League Draftee - Seattle Mariners
2012 MAJOR LEAGUE DEBUT + 2007 Major League Signee - Oakland A's
2012 Major League Draftee - Texas Rangers

Vincent Voiro
John Walter
Josh Ake
Kevin Comer
Brian Henry
Adam AJ Holland
Robert Kral
Matt Marquis
Andrew Murray
Mike Nemeth
Ryan Terry
Kevin Arico
Andrew Bailey

2012 MAJOR LEAGUE DEBUT- Chicago Cubs
2010 Major League Signee-Chicago Cubs 2007 Major League Draftee-LA Dodgers
2012 Major League Draftee - Oakland A's
2012 Major League Draftee - Kansas City Royals
2011 Major League Draftee - New York Mets
2011 Major League Draftee - ROUND 1A - Toronto Blue Jays
2011 Major League Draftee - Arizona Diamondbacks
2011 Major League Draftee - Atlanta Braves
2011 Major League Draftee - San Diego Padres
2011 Major League Draftee - Boston Red Sox
2011 Major League Draftee - Houston Astros
2011 Major League Draftee - Milwaukee Brewers
2011 Major League Draftee - Tampa Bay Rays
2010 Major League Signee - Cincinnati Reds

Chris Bates
Jim Birmingham
Pat Biserta
Zack Braddock
Ryan Doolittle
Dan Grovatt
Keenan Kish
Chris Knott
Mike Lubanski
Greg Burke
And Many More...

2010, 2009 MAJOR LEAGUE ALL STAR TEAM!
2009 MAJOR LEAGUE DEBUT - Oakland A's
2010 Major League Signee - Milwaukee Brewers
2010 Major League Signee - San Francisco Giants
2010 Major League Signee - St. Louis Cardinals
2010 MAJOR LEAGUE DEBUT - Milwaukee Brewers
2010 Major League Signee - Oakland A's
2010 Major League Signee - Pittsburgh Pirates 2007 South Jersey Player of the Year
2010 Major League Draftee - New York Yankees
2010 Atlantic City Press South Jersey Player of the Year
2010 Pennsylvania High Schools Player of the Year
2009 MAJOR LEAGUE Debut - San Diego Padres

A: They're ALL Hit Doctor® Graduates!



PRIVATE LESSONS

Schedule Your Own Lesson Online
www.thehitdoctor.com

Save \$ - Purchase a Lesson Package!

PRICE LIST

w/ TRAINED STAFF INSTRUCTORS

| | | |
|---|---|---|
| <u>1 Lesson</u> 1 on 1: ½ Hour -- \$50 | <u>10 Lesson Plan</u> \$450 pre-paid (save \$50) | <u>25 Lesson Plan</u> \$1100 pre-paid (save \$150) |
|---|---|---|

2-Player Sessions: 1 Hour minimum - \$100
4-Player Sessions: 1 Hour minimum - \$120

w/ JOE BARTH JR or BOB BARTH

| | |
|---------------------------------|---|
| <u>1 on 1:</u> ½ Hour - \$60 | <u>2- or 4-Plr Sessions</u> 1 Hour Minimum - \$120 |
|---------------------------------|---|

TUNNEL RENTALS

(By appointment, when available)

Full Size Tunnel Without Pitching Machine, 1 Hr minimum: \$40

856.354.0201



TEAM WINTER WORKOUTS

Get your team ready for its Best Season Ever!

Design Your Own Program From a Menu of Options:

- ~ All Skills Workouts
- ~ Pitching Workouts
- ~ Pitcher-Catcher Workouts
- ~ Team Prices for Video Analysis

**CALL NOW TO SET UP YOUR TEAM'S
CUSTOMIZED TRAINING PROGRAM**

1-800-HIT-DOCTOR



GIRLS SOFTBALL HITTING Ages 8-12 + 13-18

2016 Winter

GIRLS SOFTBALL

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|--|---------|-----------------|---------------|
| HD 57 | Jr-Sr HS Girls Hitters Ages 13-18 (\$225) | 9 Suns | Jan 3 – Feb 28 | 4:15 - 5:30 P |
| HD 58 | YL Girls Hitters Ages 8-12 (\$250) | 10 Sats | Jan 23 - Mar 26 | 1:30 - 2:45 P |



Gift Certificates

Give the gift of a Hit Doctor® Camp!
Birthdays - Christmas - Hannukah - Easter

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com

www.thehitdoctor.com

~ 6 ~

856-354-0201



ARENA BASEBALL

Boys & Girls, Ages 6-8

Appropriate for T-BALL / COACH PITCH Players

*Prepare for the T-Ball or Coach Pitch Season
and many years to come!*

Build a sound foundation of baseball skills, including:
Running - Throwing - Infield - Outfield – Hitting

Live Games

Cost: \$160 (5) 1 ¼ hr sessions

2016 Winter Camps

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|--|-------------|-----------------|------------|
| HD 52 | Arena Baseball Boys + Girls 6-8 (\$160) | 5 Tuesdays | Feb 23– Mar 22 | 6 – 7:15 P |
| HD 53 | Arena Baseball Boys + Girls 6-8 (\$160) | 5 Thursdays | Feb 25 – Mar 24 | 6 - 7:15 P |

Learn the right way to play from the very beginning!



HS Advanced Catchers (13-18) YL Catching + Hitting Combo Camp (8-12)



8 Weekly Sessions - 1 ½ Hrs @

- ◆ SIGNALS STANCE ◆ FRAMING STANCE
- ◆ FRAMING & RECEIVING TECHNIQUES
- ◆ THROWING STANCE & TECHNIQUES
- ◆ BLOCKING TECHNIQUES & DRILLS
- ◆ BUNT PLAYS ◆ TAG PLAYS ◆ FORCE PLAYS ◆ SITUATIONS

PLUS YL program adds a full Hitting Camp!

*NOTE: Trains Catcher position--not how to catch a hit or thrown ball.
*Catchers need their own equipment: (catcher's mitt, chest protector, shin guards, helmet, face mask)

2016 Winter Camps

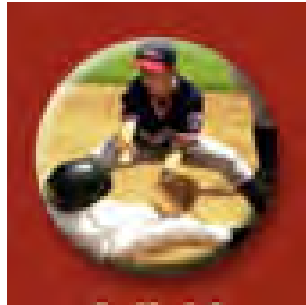
| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|---|--------|----------------|------------|
| HD 30 | Jr-Sr HS Advanced Catching Only Ages 13-18 (\$250) | 8 Sats | Jan 9 - Feb 27 | 2:45 - 4 P |
| HD 31 | YL Catcher + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |

HS Advanced Infield / 1st Base (13-18) YL Infield or 1st Base + Hitting Combo Camp (8-12)

8 sessions w/ Live Grounders on the Astro turf

- ◆ FIELDING TECHNIQUES
- ◆ CHARGE PLAYS ◆ QUICKNESS
- ◆ DOUBLE-PLAY TECHNIQUES
- ◆ THROWING FOR INFIELDBERS

PLUS YL program adds a full Hitting Camp!



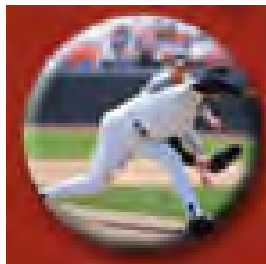
2016 Winter Camps

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|---|--------|-----------------|---------------|
| HD 33 | Jr-Sr HS Advanced Infield Only Ages 13-18 (\$250) | 8 Suns | Jan 10 - Feb 28 | 4:15 - 5:45 P |
| HD 34 | YL Infield + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |
| HD 36 | Jr-Sr HS Advanced 1 st Base Only Ages 13-18 (\$250) | 8 Sats | Jan 9 - Feb 27 | 2:45 - 4 P |
| HD 37 | YL 1 st Base + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com



PITCHING + HITTING COMBO CAMPS Ages 8-12



8 Weekly Sessions - 1 ½ Hrs @

- ◆ **INDIVIDUALIZED INSTRUCTION** in all aspects of pitching. Instruction is individual, according to each pitcher's natural delivery.
- ◆ **PROPER MECHANICS** for each pitcher's natural arm slot.
- ◆ **MECHANICAL DRILLS** to do on a daily basis, to keep the mechanics sound.
- ◆ **VELOCITY IMPROVEMENT PROGRAM**
- ◆ **STRETCHING/STRENGTHENING PROGRAM** to maintain arm speed and prepare the body for the stress of pitching.
- ◆ **VIDEO TAPE REVIEW** to show each pitcher his mechanics, frame-by-frame.
- ◆ **PARENTS/COACHES WELCOME** (No video-taping instruction.)
- ◆ **BASIC PITCHES & GRIPS** (LL PITCHERS, 8-12)

2016 Winter Camps

| Cmp # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|---|--------|-----------------|---------------|
| HD 03 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Jan 30 - Mar 19 | 5:30 - 7 P |
| HD 04 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Suns | Feb 7 - Mar 27 | 5:45 - 7:15 P |

PRESIDENT'S DAY BASE-STEALING CAMP Ages 13-18, 11-12

Teaches the lost art of base-stealing.
Learn the secrets to becoming a great base-stealer!

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|-------|------------------------------------|--------|--------------------------|---------|
| HD 40 | Base-Stealing Ages 13-18 (\$50) | Monday | Feb 15 Presidents Day | 1 - 3 p |
| HD 41 | Base-Stealing Ages 11-12 (\$50) | Monday | Feb 15 Presidents Day | 1 - 3 p |

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com

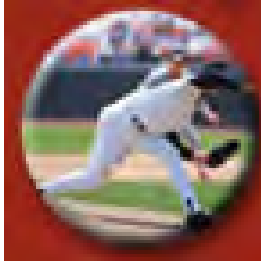
THE **HIT DOCTOR**®



The Hit
Doctor®
We
Guarantee
Improvement

PITCHER PROGRAMS

Ages 8-12 and 13-18



ALL PITCHER PROGRAMS INCLUDE:

- ◆ **INDIVIDUALIZED INSTRUCTION** in all aspects of pitching. Instruction individual, according to each pitcher's natural delivery.
- ◆ **PROPER MECHANICS** for each pitcher's natural arm slot.
- ◆ **MECHANICAL DRILLS** to do on a daily basis, to keep the mechanics sound.
- ◆ **VELOCITY IMPROVEMENT PROGRAM**
- ◆ **STRETCHING/STRENGTHENING program** to maintain arm speed and prepare the body for the stress of pitching.
- ◆ **VIDEO TAPE REVIEW** to show each pitcher his mechanics, frame-by-frame.
- ◆ **PARENTS/COACHES WELCOME** (No video-taping instruction, please!)
- ◆ **BASIC PITCHES & GRIPS (LL PITCHERS, 8-12)**
- ◆ **ADVANCED & ELITE CAMPS (HS PITCHERS, 13-18):** Fastballs, Sinkers, Breaking Balls, Change-Ups

CAMP TYPES FOR AGES 8-12



YL HITTING + PITCHING COMBO CAMPS

For Pitchers Ages 8-12. 8 Saturdays or 8 Sundays, 1 ½ hrs @ Cost \$250
See Pg 9 for details.

CAMP TYPES FOR AGES 13-18



“BARTH BOYS” *ELITE* Jr-Sr HS PITCHERS:

Winter-long Program for Ages 13-18

FEATURES EVERYTHING COVERED IN THE REGULAR CAMPS + MORE! INCLUDING:

- ◆ Overall Pitching Improvement Plan for each pitcher
- ◆ Mechanics & drills
- ◆ Video Tapes
- ◆ Injury Prevention
- ◆ Game Situations
- ◆ Guaranteed Velocity Improvement
- ◆ Pitch Development:
Fastball; Slider or Cutter; Curves; Change-ups
- ◆ Pickoff Moves



PITCHER CAMPS

Ages 8-12 and 13-18

Find your appropriate Camp Level or Type on previous page.

YOUTH LEAGUE PITCHERS (8-12)

2016 Winter Camps

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|---|---|--------|-----------------|---------------|
| YOUTH LEAGUE PITCHER + HITTING COMBO CAMPS | | | | |
| HD 03 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Jan 30 - Mar 19 | 5:30 - 7 P |
| HD 04 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Suns | Feb 14 - Apr 3 | 5:45 - 7:15 P |

JR-SR HIGH SCHOOL PITCHERS (13-18)

2016 Winter Camps

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|--|--|--------|-----------------|---------------|
| "BARTH BOYS" *ELITE* WINTER-LONG Jr-Sr HIGH SCHOOL (HS) PITCHER CAMP See Pg 7 for Details | | | | |
| HD 01 | "Barth Boys" *Elite* Jr-Sr HS Pitchers (13-18) (\$325) | 8 Sats | Jan 9 - Feb 27 | 1:30 - 2:30 P |
| HD 02 | "Barth Boys" *Elite* Jr-Sr HS Pitchers (13-18) (\$325) | 8 Suns | Jan 10 - Feb 28 | 3:15 - 4:15 P |

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com

THE HIT DOCTOR®



PDA

Player Development Academy

The most intense and effective training program in the Delaware Valley.

Year-round training for approved candidates. For the serious player who has aspirations to play college or professional baseball. To participate in this program, Academy members must exhibit a strong work ethic and above average ability. Train 2-5 days per week with other players who are as serious about their baseball as you are! Set up your own schedule around schoolwork and other obligations.

For Position Players



- Power & Explosiveness Training for Hitters
- Video Analysis for Hitters
- Mental & Goal-Setting Program
- Defensive Workouts
- Advanced MLB Spring Training Drills
- Live Batting Practice Sessions
- Customized Hitting Programs
- Parent Consultations
- PDA Workbook
- Monthly Testing and Book Class
- Pro Pitchers School (see page at right)

**PDA runs and registers monthly.
Registration must be completed before the 1st of each month.**

**Visit our website www.thehitdoctor.com
to see schedules and prices.**

Is PDA the right program for you?

**Meet with the program directors to find out!
1 Free Trial Day available by appointment**

1-800-HIT-DOCTOR

THE HIT DOCTOR®

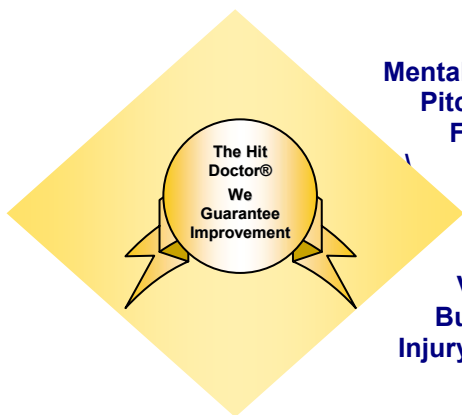


PDA

Player Development Academy

Pro Pitchers School

Developed by the top pitching minds in baseball today, this program is far more than a velocity improvement program. This school is designed to crank out healthy pitchers with the complete skill set necessary to be a dominant pitcher.



Mental & Goal-Setting Program
Pitching Mechanics
**Fastballs, Breaking Balls,
and Changeups**
Pitch Development
Pickoffs and PFP
Improved Command
Video Analysis
Bullpen Sessions
Injury Prevention

**Includes the Seven Innings of Hell Conditioning
and Velocity Improvement Program**

**Is the PDA Pro Pitchers School
the right program for you?**

Meet with the program directors to find out!
1 Free Trial Day available by appointment

1-800-HIT-DOCTOR

THE HIT DOCTOR®



The Hit
Doctor®
We
Guarantee
Improvement

HITTING PROGRAMS

Ages 7-13



ALL HITTING PROGRAMS INCLUDE:

- ◆ **LOW PLAYERS: COACH RATIO**-small groups within the camp, grouped by age/ability.
- ◆ **HITTING DRILL STATIONS** to address every part of the stance & swing.
- ◆ **PROGRESSION** from stationary targets to faster & faster-moving targets.
- ◆ **DETAILED HITTING FUNDAMENTALS CHECKLIST.**
- ◆ **SPECIFIC DIAGNOSIS** to pinpoint individual hitting deficiencies.
- ◆ **PRESCRIPTION DRILLS** to cure what ails the individual hitter.
- ◆ **INDIVIDUAL VIDEO ANALYSIS**
- ◆ **PARENTS/COACHES WELCOME** (No video cameras, please!)

CAMP TYPES FOR AGES 7-13*

*Note: 13-yr-old Hitters may choose either 7-13 or 13-Up camps.

- **YL HITTERS:** Regular Hitting Camp for ages 7-13*, grouped by age and/or ability. 5 1-hr sessions \$175
(Costs for Special Xmas Week & Other YL Camps listed on the Camp Schedule)

- ***ELITE* YL HITTERS CAMP:** Winter-long Program for Ages 7-13* grouped by age and/or ability. 10 Saturdays or 10 Sundays, 1-hr @ \$250
This program is designed to allow youth league hitters to work on their individual hitting problems and create appropriate "muscle memory". This program takes you through the whole winter, to completely prepare you for opening day. This program is designed to allow youth league hitters to work on their individual hitting problems and create appropriate "muscle memory". This program takes you through the whole winter, to completely prepare you for opening day.

FEATURES EVERYTHING COVERED IN THE REGULAR CAMPS, INCLUDING:

- ◆ **Guaranteed increase in bat speed!**
- ◆ **Supervised drill stations**
- ◆ **Pro Swing Comparison Technology**
- ◆ **Strength & Hand Speed drills**
- ◆ **Individual Video Analysis**
- ◆ **Computerized Hitting Program & Swing Analysis**

- **YL HITTING + DEFENSE COMBO CAMPS** Ages 7-13*
8 Saturday or Sunday sessions, 1 ½ hr @, \$250. See Pgs 8-9 for details.

YL HITTING + CATCHERS COMBO CAMPS
YL HITTING + INFIELD/1B COMBO CAMPS
YL HITTING + FIRST BASE COMBO CAMPS
YL HITTING + PITCHING COMBO CAMPS



Youth League HITTING CAMPS

Ages 7-13

Find your appropriate Camp Type on previous page.

2016 Winter Camps

| Cmp # | CAMP TYPE | DAYS | DATES | TIMES |
|---|---|-----------|-----------------------|---------------|
| *ELITE* WINTER-LONG YOUTH LEAGUE HITTERS CAMPS See Pg 6 for Details | | | | |
| HD 12 | *Elite* YL Hitters Saturdays Winter Long 7-13 (\$250) | 8 Sats | Jan 30 thru Mar 19 | 2:45 - 4 P |
| REGULAR YOUTH LEAGUE HITTING CAMPS | | | | |
| HD 16 | YL Hitters Ages 7-13 (\$175) | 5 Fri | Jan 22 - Feb 19 | 6:45 - 7:45 P |
| HD 17 | YL Hitters Ages 7-13 (\$175) | 5 Thurs | Feb 25 - Mar 24 | 7:15 - 8:15 P |
| HITTING + DEFENSE COMBO CAMPS | | | | |
| HD 31 | YL Catcher + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |
| HD 34 | YL Infield + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |
| HD 37 | YL 1 ST Base + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Feb 6 - Mar 26 | 4 - 5:30 P |
| HD 03 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Sats | Jan 30- Mar 19 | 5:30 - 7 P |
| HD 04 | YL Pitching + Hitting Combo Ages 8-12 (\$250) | 8 Suns | Feb 14 - Apr 3 | 5:45 - 7:15 P |

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com

HITTING PROGRAMS

Ages 13-18



ALL HITTING PROGRAMS INCLUDE:

- ◆ **LOW PLAYERS: COACH RATIO**-small groups within the camp, grouped by age/ability.
- ◆ **HITTING DRILLS STATIONS** to address every part of the stance & swing.
- ◆ **PROGRESSION** from stationary targets to faster & faster-moving targets.
- ◆ **DETAILED HITTING FUNDAMENTALS CHECKLIST**
- ◆ **SPECIFIC DIAGNOSIS** to pinpoint individual hitting deficiencies.
- ◆ **PRESCRIPTION DRILLS** to cure what ails the individual hitter.
- ◆ **INDIVIDUAL VIDEO ANALYSIS**
- ◆ **PARENTS/COACHES Welcome** (No video-taping instruction, please!)

CAMP TYPES FOR AGES 13*-18

*13-yr-old hitters may choose either 7-13 or 13-Up camps

- **Jr-Sr HS HITTERS:** Regular Hitting Camp for Junior High and High School Hitters, ages 13-18, grouped by age and/or ability level. 5 1-hr sessions Cost: \$175
(Costs for Special HS Hitting Camps listed on the Camp Schedule)

- ***ELITE* HS ADV HITTERS** Cost: \$250
Winter-long program for All Hitters 13-18, featuring Joe and Bob Barth.
Need not be past campers.

This program is designed to allow High School hitters to work on their individual hitting problems and create appropriate "muscle memory". This program takes you through the whole winter, to completely prepare you for opening day.

FEATURES EVERYTHING COVERED IN THE REGULAR CAMPS AND MORE

- ◆ Guaranteed increase in bat speed!
- ◆ Supervised drill stations
- ◆ Pro Swing Comparison Technology
- ◆ Strength & Hand Speed drills
- ◆ Individual Video Analysis
- ◆ Computerized Hitting Program & Swing Analysis

- **"Barth Boys" *ELITE* HS ADV HITTERS** Cost: \$325
Same as above, but featuring Joe and Bob Barth.



JR-SR HIGH SCHOOL HITTING CAMPS

Ages 13-18

Find your appropriate Camp Level or Type on previous page.

2016 Winter Camps

| CMP # | CAMP TYPE | DAYS | DATES | TIMES |
|--|--|--------|-----------------|------------|
| *ELITE* HS ADVANCED HITTERS WINTER-LONG CAMP See Page 16 for Details | | | | |
| HD 10 | "Barth Boys" (Joe + Bob Barth)*Elite* Jr-Sr HS Advanced Hitters Ages 13-18 (\$325) | 8 Suns | Jan 10 - Feb 28 | 2 - 3:15 P |
| HD 11 | Jr-Sr HS *Elite* Advanced Hitters Ages 13-18 (\$250) | 8 Mons | Jan 11 - Feb 29 | 4 - 5:15 P |

2016 Winter Camps

| JR-SR HS REGULAR HITTING CAMPS | | | | |
|---------------------------------------|---|----------------|----------------|---------------|
| HD 13 | Jr-Sr HS Hitters Ages 13-18 (Special \$150) | M - Th (4 Day) | Feb 29 - Mar 3 | 8:15 - 9:15 P |

Registration Form - Pg 19 - inside Back Cover or Register Online at www.thehitdoctor.com



The Premiere Travel Team Program in the Mid-Atlantic Area

ALL AGES: 8u through 18u

- Paid professional Coaches
- Discounted Training
- Travel Tournaments
- Play at the top facilities in the country
- National caliber opponents

Cooperstown Dreams Park Teams
National Tournament Teams
Showcase Tournament Teams
Perfect Game™ WWBA Under Class World Series
Perfect Game™ WWBA Upper Class World Series
Perfect Game™ WWBA Freshman World Series
College World Series Tourney, Omaha, NE
Spring Training - IMG in Bradenton, FL
Developmental Teams

24 National Championships in 9 Years!

2015 Perfect Game™ WWBA 16u National Champs
2015 Perfect Game™ Super 25 15u National Champs
2015 Perfect Game™ Super 25 World Series Runners-up
2014 Perfect Game™ Super 25 15u World Series Champs
2014 Perfect Game™ Super 25 14u World Series Champs
2014 Fall Perfect Game™ WWBA Freshman World Series Champs

*Hundreds of our players have already received
baseball scholarships to D-I schools!*

Arsenal Players In the Pros

See Page 3 for more info!

| | |
|--------------------------|--------------------------|
| 2015: 5 Players drafted | 2010: 10 Players drafted |
| 2014: 12 Players drafted | 2009: 7 Players drafted |
| 2013: 11 Players drafted | 2008: 4 Players drafted |
| 2012: 7 Players drafted | 2007: 3 Players drafted |
| 2011: 11 Players drafted | 2006: 7 Players drafted |

SEE OUR ARSENAL PROGRAM BOOK .PDF

+ See Tryouts Dates & Details on the website:

www.tristatearsenal.com

REGISTRATION FORM

ALL PLAYERS MUST CHECK-IN AT RECEPTION Desk 15 min.
before first session (even if paid in full or late).

DISCOUNTS: Do 2 camps in a season, get 10% Off lower-priced camp (includes siblings).
Do 3 camps in a season, get 15% Off lowest-priced camp (includes siblings).
NOT AUTOMATIC - MUST BE REQUESTED

2016 WINTER HIT DOCTOR® ACADEMY CAMP REGISTRATION FORM

Submit completed form with payment. If we don't confirm by phone or e-mail before camp, call to make sure you're registered.

BY MAIL: Hit Doctor Baseball c/o Barth, 6 Bicentennial Court, Erial, NJ 08081
BY PHONE: 856-354-0201 w/ credit card **BY FAX:** 856-354-0818 w/ credit card

ONLINE: www.thehitdoctor.com
FACILITY LOCATION: We are moving from 14 Federal St., Mt. Laurel, NJ 08054 in Jan/Feb 2016 to another building nearby.
Please check www.thehitdoctor.com after Jan. 1 for the exact location of your 2016 winter camp!

PLEASE PRINT

Player's Full Name: _____ LIST CAMP #s HERE
(Ex: HD 55 + Camp Type/Dates)

AGE: ____ DATE OF BIRTH: ____mm/____dd/____yy Position 1: _____

Parent's Name: _____ 2: _____

Home Phone: (____) _____ Cell Phone: (____) _____

Mailing Address: _____

City, State & Zip: _____

Parent E-mail(s): _____

(HD Campers are auto-enrolled in our E-mail News List via Constant Contact®, to help us keep our prices low. You may OPT-OUT, but please don't!)

Grade: ____ School: _____

Youth BB Assoc.: _____

How did you hear about us?: We are past campers _____

Mailing _____ Friend/Coach (who?) _____

Other (be specific) _____

PAYMENT INFO: All registrations must include at least \$50 non-refundable deposit per camp. If you cancel, deposit is transferable.

All Balances Due 1 WEEK PRIOR to Camp Date. NO PAYMENTS AT CHECK-IN. No partial refunds for missed camp days.

Checks/Money Orders payable to: Hit Doctor Amount: \$50 dep. only per camp _____ Full Camp Fee(s) _____

Credit Card Payment: Credit Card #: _____

Visa/MC _____ AmEx _____ Disc _____ Expires: ____ / ____ (Mo / Yr) Print Name on Credit Card: _____

House # + Zip Code of Card Billing Address (if different from above) _____

By applying to participate in this camp, I agree to hold harmless Hit Doctor® New Generation, Inc. & their representatives of any and all liability to me or my child as a result of attending this camp. My child is physically fit to participate in the camp(s) chosen.

PARENT/GUARDIAN SIGNATURE: _____

Happy Holidays from

THE HIT DOCTOR[®]

www.thehitdoctor.com

c/o Barth

6 Bicentennial Ct

Erial, NJ 08081

2016 WINTER

We're Moving Again-See Inside!



Our 27th Year!
The Hit Doctor[®]
Since 1989

PRSRT STD
U.S. POSTAGE
PAID
PHILA PA 191
PERMIT #6438

